

american spa

in touch menu



Double Martini Bikini

To take the edge off a bikini wax, **Phantom Horse Spa** at Pointe South Mountain Resort (Phoenix) recently launched the Double Martini Bikini (starting at \$32). Clients are treated to a double-shot martini in either the spa's new indoor sanctuary or on its new outdoor patio before undergoing the bikini treatment using the Nufree hair removal system. Soothing music and the relaxed setting contribute to making the service a less painful experience. For Nufree products: (800) 247-2405; www.nufreenudesse.com.—**Heather Mikesell**

Aromassage

Decléor recently introduced Aroma Mosaic, a new philosophy in skincare that encompasses six facial treatment themes (Essential, Lift, Nourish, Purity, Radiance, and Soothe) and three facial treatments (Aroma Expert, Aromassage, and Aromaplasty). The Aromassage facial (\$70 to \$115 suggested, 60 minutes) begins with a back massage. A thorough cleansing using Decléor's Cleansing Milk and Eye Makeup Removal Lotion comes next, followed by an application of Tonifying Lotion. Depending on skin type, the appropriate Aroma Balm is then massaged into the décolleté. The therapist spends the next 45 minutes using specially developed massage techniques. The first is Aromapressure, based on shiatsu. Aromadrainage, a technique inspired by lymphatic drainage, is performed next. The therapist then performs Aromassage, which comprises 13 movements that start at the décolleté and move up the neck and face. A hand-and-arm massage is included as well. According to Fabienne Guichon-Lindholm, director of business development, the massage fulfills the desire for touch and helps forge a better connection with the therapist. The Aromassage can also be offered as an add-on without the back massage. After the massage, the skin is toned, any excess balm is removed, and appropriate moisturizer and eye cream are applied. For Decléor products: (888) 414-4471; www.decleor.com.—**H.M.**



PHOTOGRAPHY: DOMINIC BOLTON (MARTINI)